

## **2009 Maximize Performance through Coaching Classes**

"Maximize Performance through Coaching" is a course designed for leaders and supervisors, program and project managers and deputies, team leads, and anyone who leads through influence. Whether you are working with the Employee Performance Communication System (EPCS) as a supervisor or leading teams to accomplish the Agency's mission, this course is a "must have" to update your skills for today's work force.

If you are asking yourself questions like, "How can I have difficult conversations and/or make the performance evaluations go better this upcoming year for me and my employees?", "What can I do differently to ensure we stay on track in terms of schedule and budget.", or "What can I do to energize people and ensure the team is successful?" take a look at a partial agenda below for this two day course, entitled "Maximize Performance through Coaching".

**Feedback and acknowledgement**  
**Hardwiring and rewiring the brain**  
**Nonverbal Communication**  
**Coaching that counts and how it differs from other approaches**  
**Listening skills and insightful questions**  
**Developing and retaining employee engagement**  
**Action cycle and performance**  
**The "Two Minute Challenge" and emotional intelligence**

The next session of this two consecutive day course begins February 11, 2009 at the Jacobs Convention Center. Join other supervisors to form a network of leaders of the next generation by signing up at <https://saturn.nasa.gov> . If you have any questions about this course, please call Janie Moyers at 256-544-7552 or email [Amanda.J.Moyers@nasa.gov](mailto:Amanda.J.Moyers@nasa.gov).

### **Class Offerings:**

February 11-12, 2009

June 10-11, 2009

October 7-8, 2009

Classes will be 8:30 - 4:30 each day in the Galileo Room of the Jacobs Convention Center.